Saturday, February 10th

WINTER WIND

Gather with women 18 years+ for an opportunity to enjoy winter recreation activities, build a nature-loving community, and experience the natural landscapes of Clay county!

Welcome/Check In 9:00AM
Session One: 9:30-10:30AM
- Snowshoe Winter Walk
- Attracting Winter Birds
- Gun Safety Part One

Session Two: 10:40-11:40AM
- Cross Country Skiing
- DIY Natural Spa Kits
- Gun Safety Part Two
- Lunch

Session Three: 1:00-3:00pm
- Ice Fishing
- DIY Hiking Sticks
- Primitive Weapons

Registration Online Opens December 15th

Hosted at Oneota Park, Spencer, Iowa

$20

CLAY COUNTY CONSERVATION BOARD
Dickinson County Conservation Board
IOWA LAKESIDE LABORATORIES
IOWA STATE UNIVERSITY Extension and Outreach
Session One (Choose One)

**Snowshoe Winter Walk:** Have you ever sunk to your knees when walking through the snow? Enjoy a walk through Oneota trails with snowshoes on.

**Attracting Winter Birds:** Discover which of our feathered friends call Iowa home during the winter months and how best to attract and enjoy them.

**Gun Safety Part One and Two:** This session is all about building confidence and knowledge around firearms, between safety and laws. You will receive firearms handling experience in a nonstress environment. You will not receive any certification in this session. This is a jumpstart to your knowledge of firearm safety so you can attend that certification class later. Please do not bring any firearms with you. We will provide everything you need. This session will fill both morning timeslots! Please Register for both Part One AND Part Two.

Session Two (Choose One)

**Cross Country Skiing:** Traverse through the landscape while utilizing cross country skis. An instructor will be present to provide beginner level instruction!

**DIY Natural Spa Kits:** Pamper yourself by creating some natural beauty products to take home. While you soak up some fun, learn the important health benefits of using natural materials.

Session Three (Choose One)

**Ice Fishing:** Fishing doesn’t have to stop when ice covers the waters. Drill a hole, put on bait, and get ready to set your hook. All equipment will be provided in this session!

**DIY Hiking Sticks:** Spice up your hiking adventures by making and decorating your very own walking stick! Participants will learn about the functionality of a walking stick, how to select the best materials, and will get to decorate a walking stick to take on their next adventure.

**Primitive Weapons:** How did people of the past hunt for survival? What tools did they use? In this session we’ll learn how to throw spears with an atlatl, learn basic archery, and even participate in some hatchet throwing!
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 Dota County Conservation Board
 Dickinson County Conservation Board
 Iowa Lakeside Laboratories
 Iowa State University Extension and Outreach
SESSION DESCRIPTIONS

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