



# Winter WIND

Women in Nature Day

**Saturday, January 31st** | Iowa Lakeside Laboratory  
**9:00AM - 1:00PM** | Milford, IA

Cost: \$25

*Includes lunch and a shirt (if registered before January 10th)*

## SESSIONS:

*Description and schedule on reverse side*

### FIRST MORNING SESSION:

Option 1: Your Path Through a Dichotomous Key

Option 2: Winter Nature Photography

### SECOND MORNING SESSION:

Option 1: Basket Weaving

Option 2: Mindful Hammocking

### GROUP SESSION:

Winter Wander

Register online at <https://dickinsoncountyconservationboard.com/>



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## 9:00AM - 9:30AM - WELCOME & SOCIAL

### 9:30AM - 10:15AM - SESSION ONE:

#### Option 1: Your Path Through a Dichotomous Key

Demystify the art of identification by learning how to use a dichotomous key, with hands-on practice identifying trees.

#### Option 2: Winter Nature Photography

Learn simple tips and tricks for taking beautiful winter photos using just your phone! We'll explore how to make your images shine, then head outside together to capture the quiet beauty of the season.

### 10:30AM - 11:15AM - SESSION TWO:

#### Option 1: Basket Weaving

Learn the basics of basket weaving in a relaxed, hands-on session. You'll create your own simple basket to take home and enjoy.

#### Option 2: Mindful Hammocking

The program where relaxation meets tree-supported levitation. Nestle into a hammock, sway with the wind, and learn how to clear your mind without a single "ommmm" required. It's peaceful, it's grounding, and it's the closest you can get to being a gently swinging burrito of calm.

## 11:15PM - 12:00PM - LUNCH

### 12:00PM - 1:00PM - GROUP SESSION:

#### Winter Wander

Join us for a relaxed winter wander where we soak in frosty views and enjoy the simple joy of being outside. Snowshoes will be provided if we have enough snow.

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